



DEMONSTRATING RESILIENCE INSPIRING LIVES



Pre and Post-Evaluation answers provided by 8 students at risk of exclusion

All students believed they had been selected for the DRIL Programme because of their **behaviour** and **attendance**

75% of students reported that they **DID** enjoy attending school

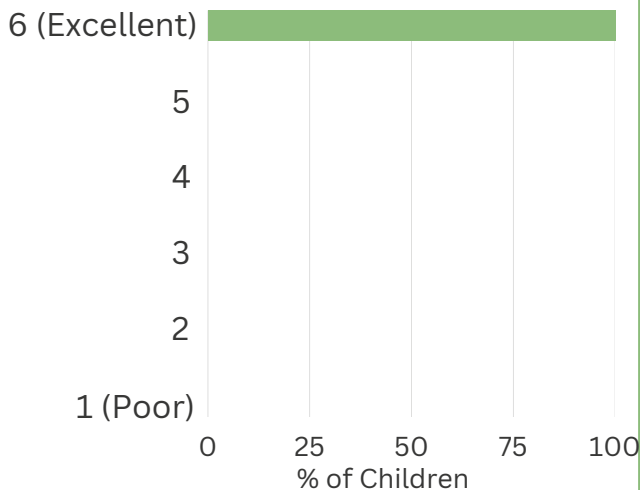
Have you ever written a rap/poem before?

37.5% Yes
62.5% No

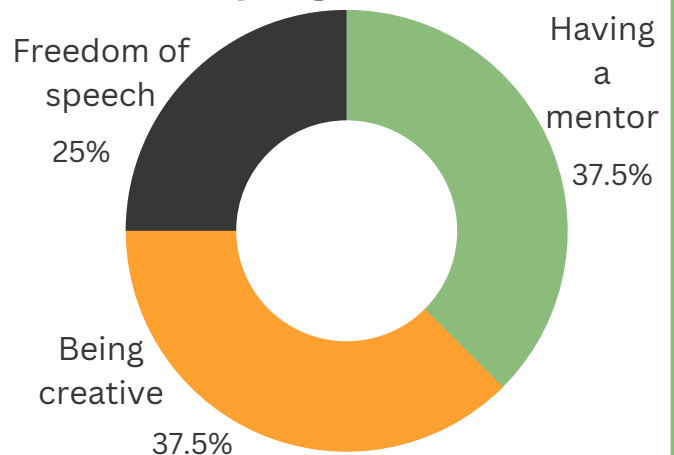
How do you feel about starting the DRIL Programme?

62.5% Excited | **12.5%** Nervous | **25%** No Difference

How would you rate your experience of the programme?



What did you enjoy most about the programme?



100%

Would recommend the DRIL Programme to their friends

How would you rate the facilitators?

(1 being poor, 6 being excellent)

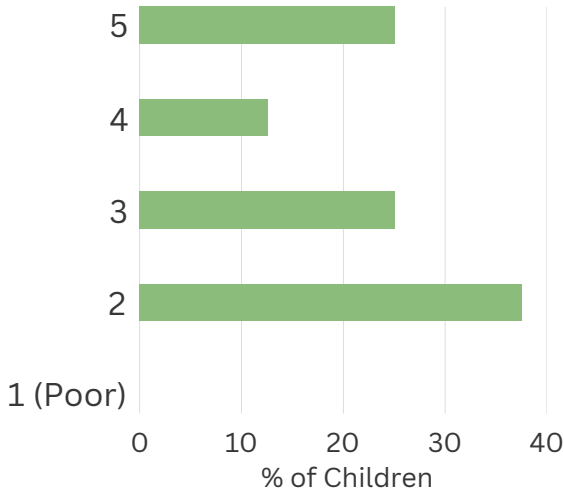
6 - 67%
5 - 33%



○ = Pre-Evaluation Questions and Answers
 ○ = Post-Evaluation Questions and Answers



Rate your confidence pre-programme



100%

Said the programme improved their confidence

75%

Felt confident enough to express their emotions

66.7%

Reported that the music helped them express their emotions

100%

Understood what health and wellbeing meant

100%

Reported that the programme improved their mental health and wellbeing

100%

Struggled to focus/concentrate in class

100%

Reported the programme helped them with their focus and concentration

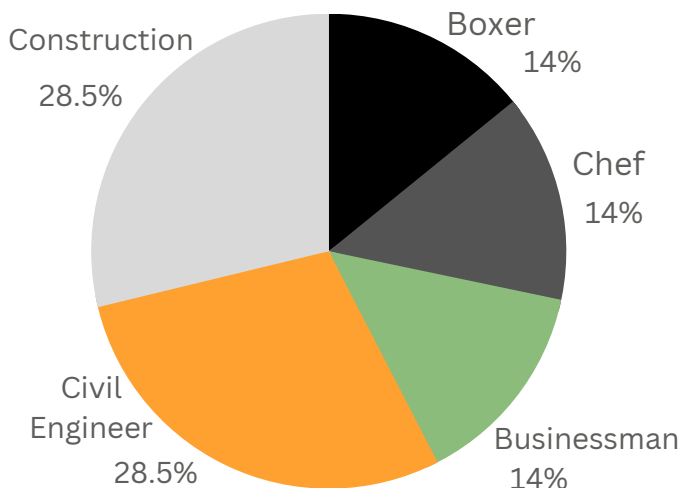
87.5%

Found it difficult to manage their anger

100%

Reported the programme helped them to understand why they get angry

What are your long term career goals?



100%

Believed that qualifications are important

Please explain why...

"Because you can go somewhere in life"
 "Qualifications are good for our future"



Stand-Out Facilitator Quotes



"This session was one of the most creative sessions yet by the young people, they have made some positive changes within school as mentioned by teacher Russ Mckee."

Facilitator Feedback - Week 4

"The group have built up so much confidence in the short space of time"

Facilitator Feedback - Week 11

"One child said he hates having to wait a full week for another DRIL session"

Facilitator Feedback - Week 2

"One student got emotional when they were reading out their lyrics as they were about a personal situation that was real. The group were respectful and encouraged the student to express how they were feeling without any judgement. The growth in the young people to do that is amazing; they recognised that a peer was struggling with their emotions and gave that individual the confidence to feel in a safe space to express themselves. All children left the session fuelled with positivity for the weekend."

Facilitator Feedback - Week 2

"The music activity was amazing, it was fuelled with raw emotion and real life lyrics that hit hard with the group"

Facilitator Feedback - Week 2

"This session went well due to the students engaging well, by pushing through and challenging themselves to create new ways of dealing with conflict and breaking down their old barriers."

Facilitator Feedback - Week 4

"One child who struggled in mainstream with some of the other students stood up and performed their lyrics to the group. The group encouraged him throughout the performance, they gave the individual so much confidence that he got a little bit emotional."

Facilitator Feedback - Week 3

"The students have had a positive experience working with Freedom Foundation and this is reflected in the way that they talk to the staff around school and the mannerisms that they use when with the FF team. These behaviours have also been noticed by dining room staff members."

Facilitator Feedback - Week 12

"This session was by far the best session that I have been involved with whilst working for Freedom Foundation. From the moment I arrived at the school the students were respectful and excited to go to the studio session in Nottingham."

"The studio session went amazingly well, the group were unbelievable, they were so encouraging to one another and the way they respected the Elementz studio and staff was a testament to the school they were representing."

Facilitator Feedback - Week 10 - Studio Visit Day



"Changes seen in the pupils outside of the programme included improved behaviour, increased positivity, and decreased truancy."

Mr Bult's Feedback

"I believe the programme was received by the students with positivity; they were enthusiastic and inspired to complete the objective of the intervention"

Mrs Chaudhury-Ajaib's Feedback

"The teamwork of the students, the collaboration with DRIL staff and the moral support the students offered each other were very effective. It was truly inspirational how staff and students worked together to encourage each other to power through their nerves and help boost each others self-esteem and raise confidence."

Mrs Chaudhury-Ajaib's Feedback

"I think they may have been apprehensive at first due to 'new' things happening. Once they were into it, they seemed to have loved it and always left smiling."

Miss Noake's Feedback

"Child 1 – Improved his behaviour in class and has started to engage in lessons that he previously found difficult.
Child 2 – Overall attitude to learning and relationship with staff has improved that has allowed him to show his full potential."

Mr Mckee's Feedback

"The depth they were willing to share between pupils who are not their direct friendship group surprised me. I think this has pulled some of them closer together"

Miss Noake's Feedback

"Feedback from the music studio regarding all of the pupils behaviour and attitude was extremely positive which was very pleasing to hear."

Mr Bult's Feedback

"The performance was PHENOMENAL! I was blown away at the quality and skill of their ability to write heartfelt personal lyrics, their confidence to want to record again to improve the last recording of their performance showed such dedication! The quality of the production was very slick and seamless. The DRIL staff and production staff had a very friendly, knowledgeable and welcoming approach to the students and staff and completely put the students at ease and this reflected in the performance."

Mrs Chaudhury-Ajaib's Feedback



Stand-Out Child Quotes



"This programme is sick and I wish I could come and do a DRIL session once a day. It has helped me with managing issues with teachers and helped me change my behaviour and attitude towards education. I wish the mentors worked at the school so I could use them when I am having an off day to help me resolve my issues."

Child 1

"At first I wasn't sure about the DRIL programme because it was about music and I was not keen on music or rapping but I got a lot more from it than I could ever have imagined. Having conversations with the mentors about life and the things I have been through has helped me manage my emotions better in school and feel more confident when challenged by teachers I can talk about what I am going through rather than bottle it up and explode. The music side of it was amazing I have shown all my family members and when I showed my mum she cried. She said it was amazing that I spoke about my aunty and that she would be proud of me."

Child 2

"I wish we could do this more as part of our school education, if music in school was focused alongside DRIL more children would enjoy it and would take part. I have learnt so much about myself throughout this programme and I have made some changes towards my attitude and behaviour as well as focusing more on my education."

Child 3

"I loved the DRIL programme. I love music and this has helped me understand how to write lyrics and how to rap. I feel more confident when spitting lyrics in groups and I wish I could stay on the programme. I think loads of kids would benefit from this kind of session. I loved the mentors they helped me so much."

Child 4



Pictures From the Programme

