

**OUR IMPACT WITH YOUR HELP, IN STATISTICS:**

**2**

**VENUES  
SUPPORTED**

**29**

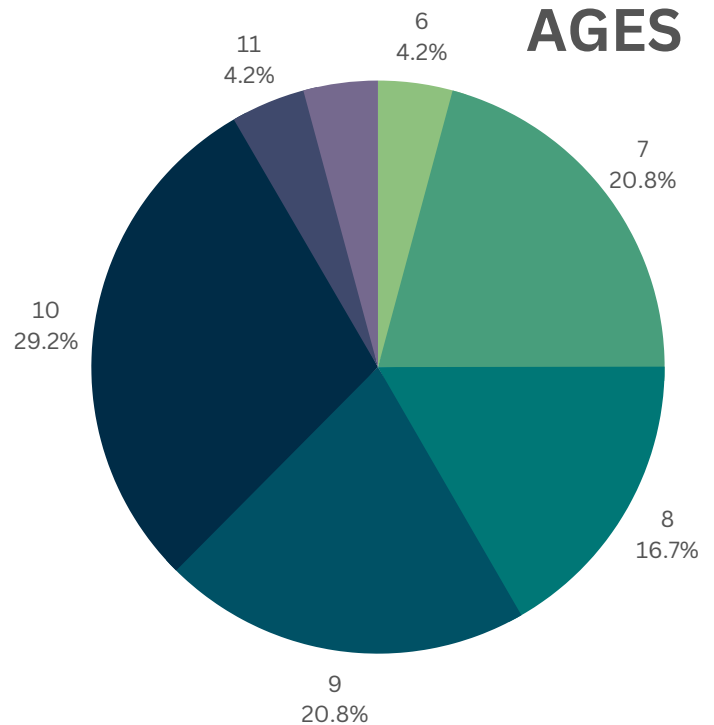
**CHILDREN  
SUPPORTED**

**66.7%**

**HAD DANCED  
PRIOR TO HAF**

**54.2%**

**HAD WRITTEN A  
SONG/POEM  
PRIOR TO HAF**



**PRE-HAF**

**POST-HAF**

**THE CHILDREN LEARNED ABOUT ONLINE SAFETY:**

**100%**

**ENJOYED THE  
RELEASE CLUB**

"DON'T TEXT PEOPLE YOU DON'T KNOW, DON'T TELL PERSONAL INFORMATION OR LOCATION"

"DON'T TRUST ANYONE WITH YOUR PUBLIC AND PERSONAL INFORMATION. DON'T WATCH ANYTHING INAPPROPRIATE. DON'T MESSAGE PEOPLE YOU DON'T KNOW. MAKE SURE YOU'RE NOT AROUND PEOPLE WHO DO BAD STUFF. DON'T SAY YES TO ANYTHING YOU DON'T WANT TO. BLOCK PEOPLE AND REPORT THEM. CHECK WITH YOUR PARENTS. BE WITH AN ADULT IF YOU'RE YOUNG."

**THE CHILDREN LEARNED A LOT ABOUT THEMSELVES:**

**53.8%**

**WILL CARRY ON  
DANCING AND  
SINGING**

"WHEN I AM MAD, I BE CALM. I LEARNED I CAN STREET DANCE."

"I'M REALLY CONFIDENT. I'M LOUD. I KNOW HOW TO DANCE. TO REMEMBER YOU'RE AMAZING AND PUSH HARDER. AND YOU CAN DO IT, DON'T BE SCARED TO SHOW YOURSELF. I CAN BE WHAT I WANT TO BE WHEN I GROW UP. I HAVE LEARNED THAT I AM MYSELF AND THERE ARE ALWAYS PEOPLE WHO SUPPORT ME."

**THE CHILDREN LEARNED ABOUT AFFIRMATIONS:**

**36.5%**

**SAID HAF HAS HELPED  
TO WRITE DOWN  
THEIR EMOTIONS AND  
FEELINGS**

"ABOUT YOU, MAKES ME HAPPY."

"I AM BRAVE. I AM EXQUISITE AND BEAUTIFUL. I AM GOOD AT COOKING. I AM BRAVE, I AM KIND. I AM GOOD AT LISTENING TO PEOPLE'S HEARTS. I HAVE A GREAT IMAGINATION."

## CASE STUDY - CHILD

- 2 CHILDREN COMPLETED CASE STUDIES
- AVERAGING 9 YEARS OLD
- 100% REPORTED HAF HAS INCREASED THEIR CONFIDENCE
- 100% REPORTED HAF HAS HELPED WITH WRITING ABOUT THEIR FEELINGS AND EMOTIONS

### WHAT DID THEY ENJOY MOST ABOUT HAF?

BEING ABLE TO BE PART OF A GROUP PERFORMANCE  
GAINED MORE CONFIDENCE  
ALL OF IT

MAKE MORE FRIENDS  
STEPPED OUT OF COMFORT ZONE

### WHAT DO THEY THINK HAF HAS HELPED WITH?

CONFIDENCE  
SOCIAL ANXIETY  
BEING/FEELING MORE POWERFUL AND CONFIDENT

MAKING NEW FRIENDS  
FELT I COULD BE MYSELF

## CASE STUDY - ADULT

- 2 ADULTS COMPLETED CASE STUDIES
- 100% HAVE SEEN CHANGES WITH THEIR CHILD FOLLOWING HAF
- 100% REPORTED AN INCREASE IN THEIR CHILD'S CONFIDENCE
- 100% WOULD LIKE TO SEE THIS SUPPORT FOR THEIR FAMILY IN THE FUTURE

### WHAT HAS YOUR CHILD ENJOYED MOST?

NOT STOPPED TALKING ABOUT IT AT HOME  
MAKING FRIENDS  
THE PERFORMANCE

PERFORMING  
DANCING

### WHAT HAS YOUR CHILD LEARNED FROM HAF?

BEING MORE THEMSELVES  
ALL THE DIFFERENT ASPECTS OF PERFORMING  
BROADENING KNOWLEDGE

TALKING MORE AT HOME

## PARENT/GUARDIAN FEEDBACK

- 100% RATED A 4 OR 5 (OUT OF 5) WHEN ASKED 'HOW MUCH DID YOUR CHILD ENJOY HAF?'
- 90% REPORTED THE RELEASE PROGRAMME HAS HELPED THEIR CHILD TO DEVELOP NEW SKILLS AND ABILITIES
- 80% REPORTED A DIFFERENCE IN THEIR CHILD FOLLOWING HAF
- 100% RATED THE VENUE TO BE 'VERY GOOD' OR 'GOOD'
- 100% WOULD RECOMMEND THE RELEASE PROGRAMME

"THE FACILITATORS WERE LOVELY AND VERY FRIENDLY"

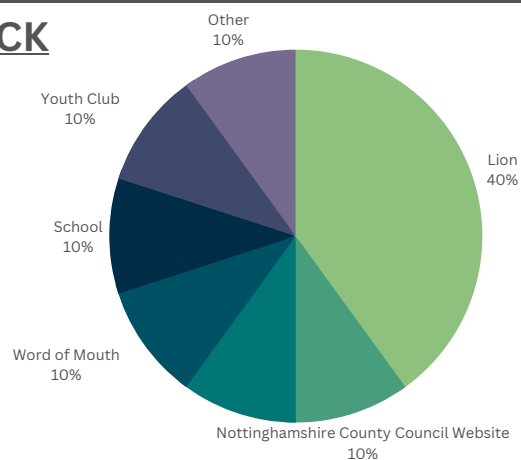
"KEEP UP THE AMAZING WORK!"

"MORE DAYS IF YOU CAN!!"

"MY DAUGHTER CANNOT WAIT FOR OCTOBER HALF-TERM TO COME AGAIN"

"THANK YOU FOR THIS YEAR"

"MY CHILD LOVED IT"



WHERE DID THE ADULTS HEAR ABOUT THE RELEASE PROGRAMME?

## FACILITATOR FEEDBACK

- 100% SAID 'I LOVED IT, IT WAS WONDERFUL AND I CAN'T WAIT TO DO IT AGAIN' OR 'IT WAS GOOD AND I ENJOYED IT' WHEN ASKED ABOUT THEIR EXPERIENCE WHEN DELIVERING HAF
- 88.9% SAID THE RESOURCES PROVIDED SUPPORTED THEIR ROLE

### HOW DID YOU FIND LEARNING AND DELIVERING THE PROGRAMME CONTENT?

"THE PROGRAMME WAS REALLY GOOD AND REALLY PROGRESSIVE, I FOUND IT OPENED UP REALLY IMPORTANT CONVERSATIONS WITH THE YOUNG PEOPLE"

"I LIKE THE CREATIVITY THAT IS ALLOWED WITHIN THE DELIVERY"

"IT WAS SO REWARDING AND IT HAD GREAT CONTENT"

"LOVED DELIVERING IT, FOUND IT INTERESTING TO LEARN"

"THE PROGRAMME CONTENT RESONATED WITH ME, SO WAS EASY TO LEARN AND DELIVER"