

**OUR IMPACT WITH YOUR HELP, IN STATISTICS:**

**4**

**VENUES  
SUPPORTED**

**41**

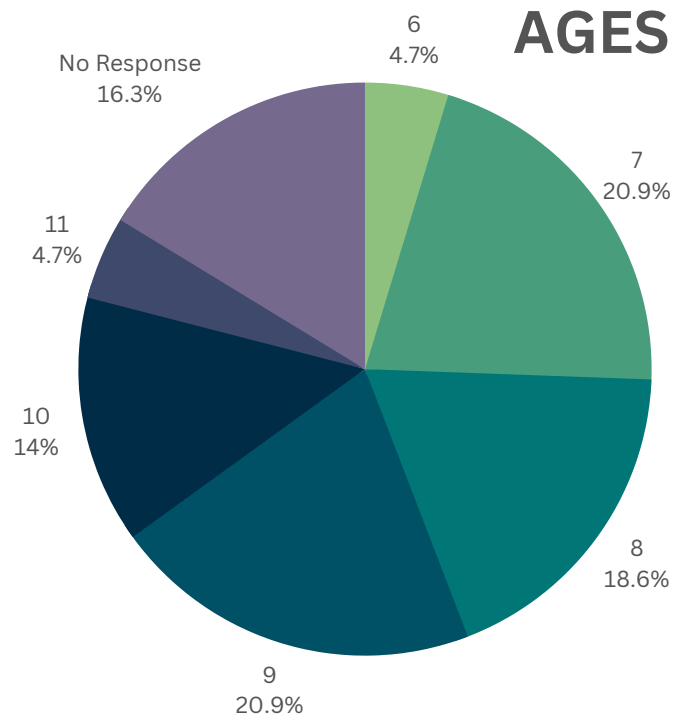
**CHILDREN  
SUPPORTED**

**76.7%**

**HAD DANCED  
PRIOR TO HAF**

**62.8%**

**HAD WRITTEN A  
SONG/POEM  
PRIOR TO HAF**



**PRE-HAF**

**POST-HAF**

**92.5%**

**ENJOYED THE  
RELEASE CLUB**

**THE CHILDREN LEARNED ABOUT ONLINE SAFETY:**

"DON'T GIVE PASSWORDS. DON'T ADD THEM BACK. DON'T TALK TO STRANGERS. BE KIND ONLINE."

"YOU SHOULDN'T TELL YOUR PERSONAL INFORMATION TO STRANGERS. ALWAYS TELL A TRUSTED ADULT IF SOMETHING STRANGE HAPPENS ONLINE."

"YOU COULD DOWNLOAD VIRUSES ONTO YOUR COMPUTER BY ACCIDENT."

**77.5%**

**WILL CARRY ON  
DANCING AND  
SINGING**

**THE CHILDREN LEARNED A LOT ABOUT THEMSELVES:**

"I AM PROUD OF MYSELF. EVERYONE IS GOOD AT SINGING AND DANCING"

"TO BE CONFIDENT"

"I LIKE SINGING AND DANCING. I AM GOOD AT WRITING. I AM A GOOD LEARNER."

**67.5%**

**SAID HAF HAS HELPED  
TO WRITE DOWN  
THEIR EMOTIONS AND  
FEELINGS**

**THE CHILDREN LEARNED ABOUT AFFIRMATIONS:**

"I AM AMAZING. I AM STRONG. I AM BRAVE. I AM KIND."

"AN AFFIRMATION IS WHEN YOU TELL YOU ARE GOOD AT SOMETHING TO MAKE YOURSELF HAPPY."

"I AM STRONG AND UNIQUE."

## CASE STUDY - CHILD

- 8 CHILDREN COMPLETED CASE STUDIES
- AVERAGING 9 YEARS OLD
- 100% REPORTED HAF HAS INCREASED THEIR CONFIDENCE
- 100% REPORTED HAF HAS HELPED WITH WRITING ABOUT THEIR FEELINGS AND EMOTIONS

### WHAT DID THEY ENJOY MOST ABOUT HAF?

DANCING	MAKING NEW FRIENDS
THE PERFORMANCE	SINGING
PLAYING GAMES	EVERYTHING
MEETING NEW PEOPLE	

### WHAT DO THEY THINK HAF HAS HELPED WITH?

CONFIDENCE	EXPRESS EMOTIONS	
SING AND DANCE BETTER	MAKE FRIENDS	
MY ANXIETY	DANCING AND ACTING	TO BE KIND
SINGING	COURAGE	PERFORMING

## CASE STUDY - ADULT

- 8 ADULTS COMPLETED CASE STUDIES
- 100% HAVE SEEN CHANGES WITH THEIR CHILD FOLLOWING HAF
- 75% REPORTED AN INCREASE IN THEIR CHILD'S CONFIDENCE
- 100% WOULD LIKE TO SEE THIS SUPPORT FOR THEIR FAMILY IN THE FUTURE

### WHAT HAS YOUR CHILD ENJOYED MOST?

PARTICIPATING IN THE DANCE AND PERFORMING IN FRONT OF PEOPLE	DANCING
SINGING	MAKING THEIR OWN DANCE MOVES
THE PERFORMANCE	MAKING NEW FRIENDS
BUILDING CONFIDENCE	

### WHAT HAS YOUR CHILD LEARNED FROM HAF?

MEETING NEW PEOPLE AND MAKING NEW FRIENDS	SOCIAL SKILLS
IT IS GOOD TO HAVE CONFIDENCE	STAGE PRESENCE
HOW TO TAKE HER TIME WHEN SINGING	TRY YOUR BEST AND HAVE FUN
NEW MOVES	
SHARING	HOW TO GET ON WELL WITH OTHERS
DOING THINGS OUTSIDE OF THEIR COMFORT ZONE	

## PARENT/GUARDIAN FEEDBACK

- 100% RATED A 4 OR 5 (OUT OF 5) WHEN ASKED 'HOW MUCH DID YOUR CHILD ENJOY HAF?'
- 90% REPORTED THE RELEASE PROGRAMME HAS HELPED THEIR CHILD TO DEVELOP NEW SKILLS AND ABILITIES
- 80% REPORTED A DIFFERENCE IN THEIR CHILD FOLLOWING HAF
- 100% RATED THE VENUE TO BE 'VERY GOOD' OR 'GOOD'
- 100% WOULD RECOMMEND THE RELEASE PROGRAMME

"THE FACILITATORS WERE LOVELY AND VERY FRIENDLY"

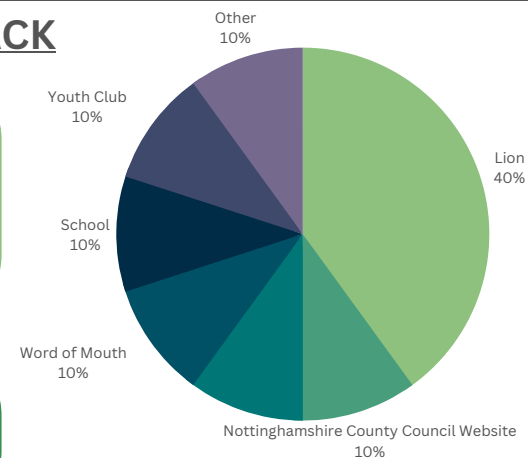
"KEEP UP THE AMAZING WORK!"

"MORE DAYS IF YOU CAN!!"

"MY DAUGHTER CANNOT WAIT FOR OCTOBER HALF-TERM TO COME AGAIN"

"THANK YOU FOR THIS YEAR"

"MY CHILD LOVED IT"



WHERE DID THE ADULTS HEAR ABOUT THE RELEASE PROGRAMME?

## FACILITATOR FEEDBACK

- 100% SAID 'I LOVED IT, IT WAS WONDERFUL AND I CAN'T WAIT TO DO IT AGAIN' OR 'IT WAS GOOD AND I ENJOYED IT' WHEN ASKED ABOUT THEIR EXPERIENCE WHEN DELIVERING HAF
- 88.9% SAID THE RESOURCES PROVIDED SUPPORTED THEIR ROLE

### HOW DID YOU FIND LEARNING AND DELIVERING THE PROGRAMME CONTENT?

"THE PROGRAMME WAS REALLY GOOD AND REALLY PROGRESSIVE, I FOUND IT OPENED UP REALLY IMPORTANT CONVERSATIONS WITH THE YOUNG PEOPLE"

"I LIKE THE CREATIVITY THAT IS ALLOWED WITHIN THE DELIVERY"

"IT WAS SO REWARDING AND IT HAD GREAT CONTENT"

"LOVED DELIVERING IT, FOUND IT INTERESTING TO LEARN"

"THE PROGRAMME CONTENT RESONATED WITH ME, SO WAS EASY TO LEARN AND DELIVER"