

OUR IMPACT WITH YOUR HELP, IN STATISTICS:

TO BE NOTED - MOST SEND CHILDREN WERE NON-VERBAL. THEREFORE, THE STATISTICS ARE SLIGHTLY SKEWED

6

**VENUES
SUPPORTED**

31

**CHILDREN
SUPPORTED**

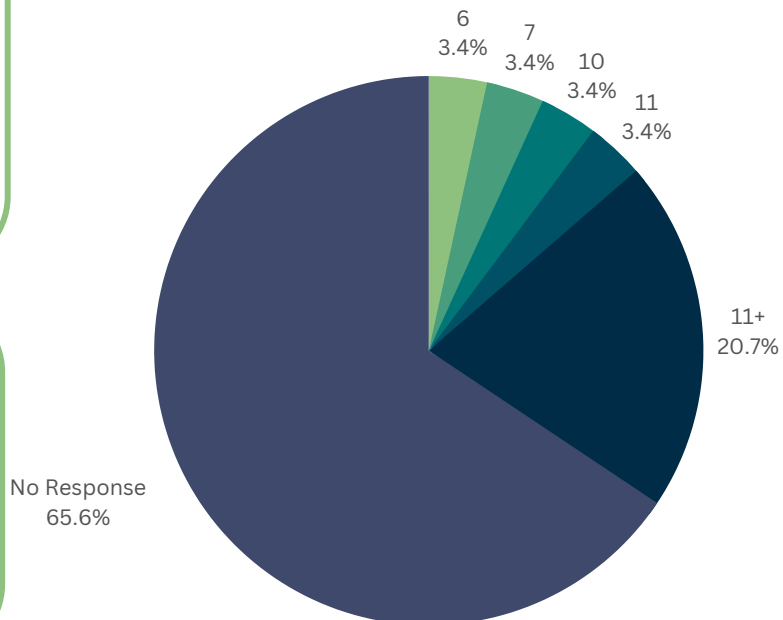
17.2%

**HAD DANCED
PRIOR TO HAF**

6.9%

**HAD WRITTEN A
SONG/POEM
PRIOR TO HAF**

AGES



**PRE-HAF
POST-HAF**

0%

**REPORTED THAT THEY
DID NOT ENJOY THE
RELEASE CLUB**

THE CHILDREN LEARNED ABOUT ONLINE SAFETY:

**"NOT ALL THE STUDENTS
ARE ONLINE."**

**"DO NOT TALK TO
STRANGERS."**

15.4%

**WILL CARRY ON
DANCING AND
SINGING**

THE CHILDREN LEARNED A LOT ABOUT THEMSELVES:

**"THAT I CAN
HAVE
CONFIDENCE
IN ANYTHING I
DO."**

**"I CAN SING AND
WRITE LYRICS. I CAN
DANCE, HIP-HOP."**

**"CONFIDENCE.
TEAMWORK."**

**"THAT I CAN
ACHIEVE
ANYTHING AND I
CAN BE MYSELF."**

19.2%

**SAID HAF HAS HELPED
TO WRITE DOWN
THEIR EMOTIONS AND
FEELINGS**

THE CHILDREN LEARNED ABOUT AFFIRMATIONS:

**"I AM BRAVE, I AM
STRONG."**

**"I AM AMAZING. MY
JOURNEY TO THE
TOP WILL NOT TAKE
LONG."**

**"I AM POWERFUL.
I AM WORTH IT."**

CASE STUDY - CHILD

- 8 CHILDREN COMPLETED CASE STUDIES
- AVERAGING 14 YEARS OLD
- 100% REPORTED HAF HAS INCREASED THEIR CONFIDENCE
- 100% REPORTED HAF HAS HELPED WITH WRITING ABOUT THEIR FEELINGS AND EMOTIONS

WHAT DID THEY ENJOY MOST ABOUT HAF?

THE VARIOUS ACTIVITIES AND GROUP TALKS
 EXPRESSING MYSELF THE SONGWRITING
 SINGING THE DANCING THE MUSIC
 GETTING TO KNOW OTHER PEOPLE
 PLAYING GAMES TALKING IN GENERAL

WHAT DO THEY THINK HAF HAS HELPED WITH?

CONFIDENCE LISTENING CHILLING OUT
 EMOTIONAL RELEASE
 GETTING HELP TALKING ABOUT MY DARK SECRETS
 HELPING ME WITH MY THOUGHTS NEW SKILLS
 SINGING IN FRONT OF EVERYONE ELSE

CASE STUDY - ADULT

- 10 ADULTS COMPLETED CASE STUDIES
- 100% HAVE SEEN CHANGES WITH THEIR CHILD FOLLOWING HAF
- 100% REPORTED AN INCREASE IN THEIR CHILD'S CONFIDENCE
- 100% WOULD LIKE TO SEE THIS SUPPORT FOR THEIR FAMILY IN THE FUTURE

WHAT HAS YOUR CHILD ENJOYED MOST?

FEELING SAFE TO EXPRESS THEMSELVES FREELY DANCING
 RELAXED ENVIRONMENT
 HAVING FUN WRITING THOUGHTS, IDEAS, AND THEIR JOURNEY DOWN ONTO PAPER
 FORMING RELATIONSHIPS WITH PUPILS AND STAFF

WHAT HAS YOUR CHILD LEARNED FROM HAF?

THAT THEY HAVE CHOICES AND CHANCES
 SELF-EXPRESSION TRIGGERS FOR CERTAIN BEHAVIOUR
 HOW TO CARE FOR EACH OTHER AND RESPECT OTHER'S VIEWS
 SELF-ESTEEM HOW TO WORK IN A TEAM
 PERSONAL SKILLS

PARENT/GUARDIAN FEEDBACK

- 100% RATED A 4 OR 5 (OUT OF 5) WHEN ASKED 'HOW MUCH DID YOUR CHILD ENJOY HAF?'
- 90% REPORTED THE RELEASE PROGRAMME HAS HELPED THEIR CHILD TO DEVELOP NEW SKILLS AND ABILITIES
- 80% REPORTED A DIFFERENCE IN THEIR CHILD FOLLOWING HAF
- 100% RATED THE VENUE TO BE 'VERY GOOD' OR 'GOOD'
- 100% WOULD RECOMMEND THE RELEASE PROGRAMME

"THE FACILITATORS WERE LOVELY AND VERY FRIENDLY"

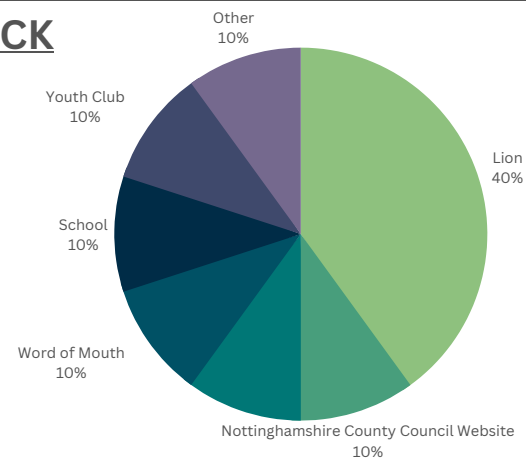
"KEEP UP THE AMAZING WORK!"

"MORE DAYS IF YOU CAN!!"

"MY DAUGHTER CANNOT WAIT FOR OCTOBER HALF-TERM TO COME AGAIN"

"THANK YOU FOR THIS YEAR"

"MY CHILD LOVED IT"



WHERE DID THE ADULTS HEAR ABOUT THE RELEASE PROGRAMME?

FACILITATOR FEEDBACK

- 100% SAID 'I LOVED IT, IT WAS WONDERFUL AND I CAN'T WAIT TO DO IT AGAIN' OR 'IT WAS GOOD AND I ENJOYED IT' WHEN ASKED ABOUT THEIR EXPERIENCE WHEN DELIVERING HAF
- 88.9% SAID THE RESOURCES PROVIDED SUPPORTED THEIR ROLE

HOW DID YOU FIND LEARNING AND DELIVERING THE PROGRAMME CONTENT?

"THE PROGRAMME WAS REALLY GOOD AND REALLY PROGRESSIVE, I FOUND IT OPENED UP REALLY IMPORTANT CONVERSATIONS WITH THE YOUNG PEOPLE"

"I LIKE THE CREATIVITY THAT IS ALLOWED WITHIN THE DELIVERY"

"IT WAS SO REWARDING AND IT HAD GREAT CONTENT"

"LOVED DELIVERING IT, FOUND IT INTERESTING TO LEARN"

"THE PROGRAMME CONTENT RESONATED WITH ME, SO WAS EASY TO LEARN AND DELIVER"