

OUR IMPACT WITH YOUR HELP, IN STATISTICS:

3

**VENUES
SUPPORTED**

44

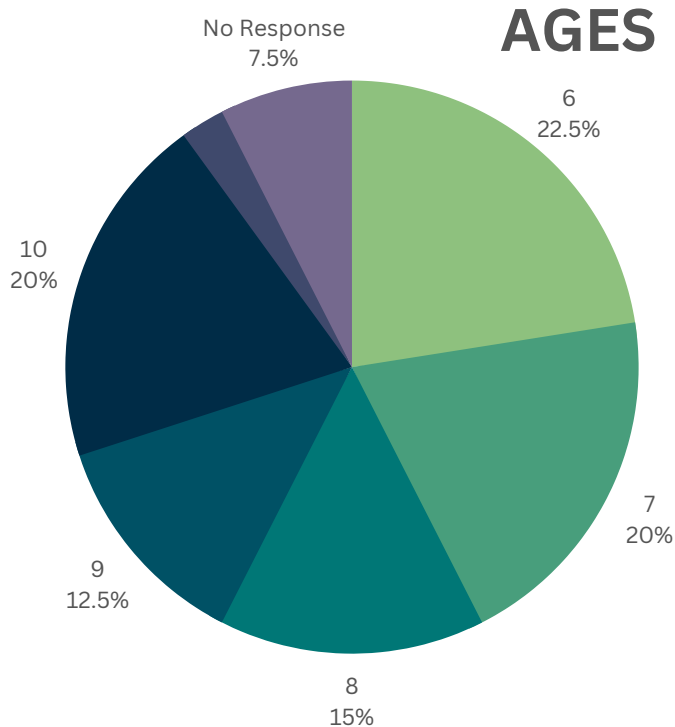
**CHILDREN
SUPPORTED**

72.5%

**HAD DANCED
PRIOR TO HAF**

57.5%

**HAD WRITTEN A
SONG/POEM
PRIOR TO HAF**



PRE-HAF

POST-HAF

90.7%

**ENJOYED THE
RELEASE CLUB**

THE CHILDREN LEARNED ABOUT ONLINE SAFETY:

"CAREUL WHO YOU TALK TO,
PRIVATE/PARENT CONTROLS
ONLINE, NO STRANGERS, DO
NOT FOLLOW NEG
SITES/PEOPLE"

"DON'T GIVE
ANYONE ANY
PERSONAL
DETAILS"

"NEVER MEET STRANGERS! STRANGER
DANGER! DON'T POST PICTURES OF
SCHOOL UNIFORM, ALL ACCOUNTS
ON PRIVATE, IF UNSAFE SPEAK TO
POLICE/CHILDLINE/TRUSTED ADULT"

76.7%

**WILL CARRY ON
DANCING AND
SINGING**

THE CHILDREN LEARNED A LOT ABOUT THEMSELVES:

"I AM BRAVE, I
CAN DO
ANYTHING I PUT
MY MIND TO"

"I AM AMAZING,
I AM UNIQUE, I
AM LOVING, I
AM GRATEFUL"

"THAT I CAN DANCE,
SEEING TALENT IN
OTHERS, THAT I CAN SING,
THAT I AM CREATIVE"

62.8%

**SAID HAF HAS HELPED
TO WRITE DOWN
THEIR EMOTIONS AND
FEELINGS**

THE CHILDREN LEARNED ABOUT AFFIRMATIONS:

"I AM BRAVE, I AM
BEAUTIFUL, I AM
UNIQUE"

"I AM STRONG, I
AM BEAUTIFUL, I
AM BRAVE, I AM
CONFIDENT"

"I AM STRONG, I
AM HAPPY, AND
I DO IT ALL DAY
LONG"

CASE STUDY - CHILD

- **6 CHILDREN COMPLETED CASE STUDIES**
- **AVERAGING 8 YEARS OLD**
- **100% REPORTED HAF HAS INCREASED THEIR CONFIDENCE**
- **83% REPORTED HAF HAS HELPED WITH WRITING ABOUT THEIR FEELINGS AND EMOTIONS**

WHAT DID THEY ENJOY MOST ABOUT HAF?

THE GAMES AND DANCING
THE LEARNING AND HAVING FUN
THE DANCING BECAUSE IT MAKES ME HAPPY
WRITING SONGS AND AFFIRMATIONS HAVING FUN
MAKING RHYTHMS AND BEATS

WHAT DO THEY THINK HAF HAS HELPED WITH?

MORE CONFIDENCE HAF MADE ME HAPPY
INCREASED CONFIDENCE WHEN DANCING IN FRONT OF AN AUDIENCE
THE AFFIRMATIONS HAVE HELPED ME TO REALISE I CAN DO GREAT THINGS
MORE INTERESTED IN DANCE, SINGING, AND MUSIC

CASE STUDY - ADULT

- **5 ADULTS COMPLETED CASE STUDIES**
- **100% HAVE SEEN CHANGES WITH THEIR CHILD FOLLOWING HAF**
- **100% REPORTED AN INCREASE IN THEIR CHILD'S CONFIDENCE**
- **100% WOULD LIKE TO SEE THIS SUPPORT FOR THEIR FAMILY IN THE FUTURE**

WHAT HAS YOUR CHILD ENJOYED MOST?

ENJOYED EXPRESSING HERSELF THROUGH DANCE
SINGING AT HOME
LEARNING NEW DANCES AND WRITING TECHNIQUES
MEETING NEW FRIENDS DANCING

WHAT HAS YOUR CHILD LEARNED FROM HAF?

IT IS OK TO BE ME HOW TO WORK TOGETHER AS A GROUP
HOW TO TAP INTO HER FEELINGS AND FEEL MORE CONFIDENT
NEW DANCE MOVES CONFIDENCE WITH SINGING
HOW TO BE POSITIVE

PARENT/GUARDIAN FEEDBACK

- **100% RATED A 4 OR 5 (OUT OF 5) WHEN ASKED 'HOW MUCH DID YOUR CHILD ENJOY HAF?'**
- **90% REPORTED THE RELEASE PROGRAMME HAS HELPED THEIR CHILD TO DEVELOP NEW SKILLS AND ABILITIES**
- **80% REPORTED A DIFFERENCE IN THEIR CHILD FOLLOWING HAF**
- **100% RATED THE VENUE TO BE 'VERY GOOD' OR 'GOOD'**
- **100% WOULD RECOMMEND THE RELEASE PROGRAMME**

"THE FACILITATORS WERE LOVELY AND VERY FRIENDLY"

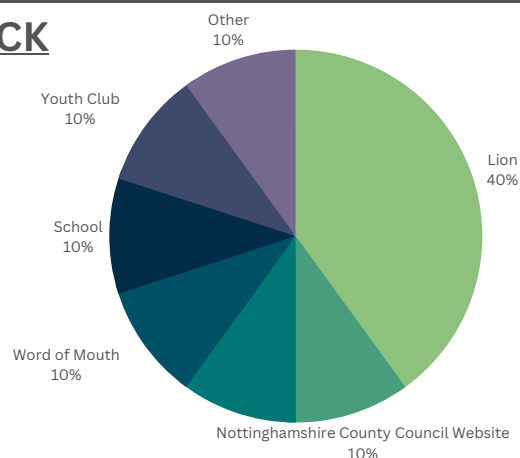
"KEEP UP THE AMAZING WORK!"

"MORE DAYS IF YOU CAN!!"

"MY DAUGHTER CANNOT WAIT FOR OCTOBER HALF-TERM TO COME AGAIN"

"THANK YOU FOR THIS YEAR"

"MY CHILD LOVED IT"



WHERE DID THE ADULTS HEAR ABOUT THE RELEASE PROGRAMME?

FACILITATOR FEEDBACK

- **100% SAID 'I LOVED IT, IT WAS WONDERFUL AND I CAN'T WAIT TO DO IT AGAIN' OR 'IT WAS GOOD AND I ENJOYED IT' WHEN ASKED ABOUT THEIR EXPERIENCE WHEN DELIVERING HAF**
- **88.9% SAID THE RESOURCES PROVIDED SUPPORTED THEIR ROLE**

HOW DID YOU FIND LEARNING AND DELIVERING THE PROGRAMME CONTENT?

"THE PROGRAMME WAS REALLY GOOD AND REALLY PROGRESSIVE, I FOUND IT OPENED UP REALLY IMPORTANT CONVERSATIONS WITH THE YOUNG PEOPLE"

"I LIKE THE CREATIVITY THAT IS ALLOWED WITHIN THE DELIVERY"

"IT WAS SO REWARDING AND IT HAD GREAT CONTENT"

"LOVED DELIVERING IT, FOUND IT INTERESTING TO LEARN"

"THE PROGRAMME CONTENT RESONATED WITH ME, SO WAS EASY TO LEARN AND DELIVER"